

BERNARDO SANTA FE COMMUNITY NEWSLETTER

...APRIL 2012...

Community Garage Sale

There has been very little response from our community regarding the community garage sale; however we continue to receive verbal inquiries from homeowners for the outcome of the survey. The Board urges you to communicate your vote on whether or not to have a community garage sale!

Please voice your opinion by writing to scheng@sdamg.net or you can submit your response to the Bernardo Santa Fe website social activities page at <http://bsfhoa.org/social.html>.

Association Website

The Bernardo Santa Fe Website Committee is committed to keeping your website updated to provide information and updates regarding the HOA. Please log on to the website at www.bsfhoa.org and take a look around. You will find a lot of useful information from obtaining architectural and landscaping forms to downloading a copy of the latest meeting minutes and community handbook. Not to mention, you can see what social events the Bernardo Santa Fe community has going on. In addition, you can learn about the Board of Directors by simply accessing their profiles.

Slope Replanting Plan

There are plans to selectively plant flowering shrubs on various slopes within Bernardo Santa Fe. ResCom Services, the landscape company is currently going through all the slopes that belong to Bernardo Santa Fe and putting together a proposal for Board consideration. The goal is to eliminate woody/ dying ground covers and replant drought tolerant shrubs that will flower at different seasons.



Composting Workshops

Free composting workshops are held at the Escondido Community Garden.

The workshops are staffed by master composters and include demonstration and instruction in building and maintaining a backyard compost pile and worm bin.

The workshops are hosted by the Community Garden, in conjunction with the City of Escondido. Cancelled for rain.

All workshops are held on Saturdays, from 8:30 a.m. to 10:00 a.m., at the Escondido Community Garden, located on Centre City Parkway just north of Highway 78. Turn west on Decatur Way into the parking lot for the new Escondido Police/Fire Facility. Park near the garden. Contact: (760)839-4342. The next scheduled workshops: April 21st and July 14th.



Parking Violations

We ask that all residents park their vehicles **inside** their garages, with only one vehicle parked on the street. Only a few designated end of cul-de-sac lots may park ONE vehicle on the driveway, please contact management if you are unsure which lots are allowed to have a vehicle parked on the driveway.

It has been observed that some residents utilize their garages to store large items, which is against the Association's rules. Storage items inside of the garage shall be organized or removed to allow maximum number of vehicles parked inside of the garage. This is the most common parking violation that members of the Bernardo Santa Fe Community are not abiding by.

Remember parking violations are subject to Association fines. Please report parking violations to management along with vehicle information, dates and times of the violation. Photographs are encouraged.



Articles for Newsletters

If you have any interesting information that you would like to share with the members of the BSFHOA, please let us know as we are always looking for interesting articles to publish in our quarterly newsletters.



Paying Assessments

AMG will help homeowner's process assessment payments electronically or by credit card. Simply contact AMG at amg@sdamg.net for more information.

Important City Numbers

Escondido Police Department
Non-Emergency
(760) 839-4722

City Code Enforcement Division
(760) 839-4650

Graffiti Hotline
(760) 839-4633

Animal Control
(760) 888-2275

Quick & Delicious Asparagus Soup

2 lbs asparagus cut approximately ¼ inch thick

1 tablespoon olive oil

1 medium onion, finely chopped

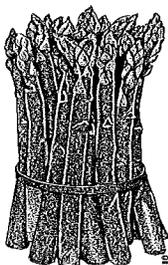
4 cups vegetable broth

½ teaspoon dried basil

Salt and freshly ground pepper to taste

Pita bread (optional)

¼ teaspoon olive oil (optional)



In a large pot, sauté the chopped onion in olive oil over medium-high heat, until softened, about 5-8 minutes.

Add the asparagus and sauté until slightly soft, about 5-10 minutes.

Add the vegetable stock and basil. Bring to a boil.

Loosely cover the pot and cook at a steady boil until the asparagus begins to soften more, about 10 minutes.

Using a handheld immersion blender, puree the soup in the pot.

Heat gently until the soup thickens. Season with salt and pepper.

Serve with toasted Pita bread (optional)

Add ¼ teaspoon of olive oil to each soup bowl (optional)

Serves 4-6

Thank you!

The Bernardo Santa Fe Board of Directors would like to thank everyone involved with collecting 2,470 lbs of food for the Interfaith Community Services in March!

Your Board of Directors

Dan Conner - President
Jerry Buck - Vice President
Jerry Potts - Secretary
Edward Lehman - Treasurer
Bill Key - Member-at-Large

Next Meeting



The next Board of Directors Meeting will be held on Tuesday, May 22, 2012 at **2:45 p.m.** at the Escondido Library.

All Members and Residents are encouraged to attend! We look forward to seeing you there!

PROPERTY MANAGEMENT

Association Management Group
2131 Las Palmas Drive, Suite A
Carlsbad, CA 92011-1524
Tel: 760/931-4180 • Fax: 760/931-4188

Email: amg@sdamg.net

[Please reference "Bernardo Santa Fe" in the subject line of emails.]

The Management team assigned to Bernardo Santa Fe is:

Vanessa Beebe - Community Manager
Dolores Abundis - Accounting Associate (Ext. 111)



Pesticides and Children

Prepared by Paola Potts

...what we all should know about pesticides (*herbicides, insecticides, fungicides*)

It was recently reported that 41% of the EPA approved lawn pesticide products include ingredients that are banned or restricted in other countries due to their health and environmental impacts.

The National Academy of Sciences estimates that one in 7 adults suffers acute symptoms of pesticide poisoning. These chemicals can be easily inhaled or absorbed by the skin and can cause irritation of the eyes, nose, and throat, nausea, tremors, headaches, diarrhea and muscles aches as well as skin irritation such as burning, stinging, itches, rashes, and blisters.

Exposure to pesticides (herbicides, insecticides, fungicides) are also linked with chronic illnesses such as cancer, behavioral impairment, reproductive dysfunction, endocrine disruption, developmental disabilities, ADHD, Autism, Parkinson's Syndrome, learning disabilities, skin conditions and respiratory diseases such as asthma.

It has been reported that children are particularly sensitive to pesticide chemicals. Children in families that use professional pest control services are at a higher risk of developing leukemia than children in families that don't use pesticides.



A recent US EPA study found that residues from outdoor pesticides are tracked in by pets and people's shoes, and can increase the pesticide load in carpet dust as much as 400-fold. These pesticides will persist indoors for years, even decades after application.

Roundup Danger

There is a bevy of new evidence that implicates the herbicide **Roundup** and its active ingredient glyphosate in everything from human defects to lymphoma.

Roundup is the most widely used weed-killer in the USA. This product is literally everywhere in our air and water due to its prevalent usage in horticulture and agriculture and at homes where mothers and fathers spray the product around their children without knowing any better.

Please, consider these implications before using this product in our community. There are many safe organic alternatives that can be used instead.

Source: <http://www.safelawns.org>

We encourage you to share with us successful natural alternatives to keep our community free of toxic chemicals. E-mail your recommendations to our BSFHOA at contact@bsfhoa.org 

Tip of the Month

Clover: a natural fertilizer, traps nitrogen from the atmosphere in its own roots and fixes it into the soil in organic forms for its own



use as well as for the grass growing around it. Because it was evergreen, draught-tolerant,

low growing and capable of manufacturing its own fertilizer, clover had been part of seed mixes since the American cultivation of lawns. However, 75 years ago, a broad leaf herbicide marketed by Scotts, unfortunately, killed clover along with unwanted weeds. Since then, for marketing purposes of the Scotts lawn herbicide, clover was declared a lawn weed. Scotts, who had been adding white clover to its grass seed lawn mixtures for years, began marketing a product that created a demise to such valuable natural lawn fertilizer.

A note: When white clover invades a lawn naturally, it develops initially in patches of almost pure clover. Because the patches stand out, they can look unsightly and often the first reaction is to get rid of them. However, if the lawn is managed to encourage clover, it will eventually be distributed throughout the lawn and, with the associated grasses and herbs, contribute to a thick turf and a pleasing mosaic of leaf textures. Small-leaf white clover varieties are recommended for lawns.

Sources:

<http://www.safelawns.org>

<http://versicolor.ca/lawns/docs/clover.html>